


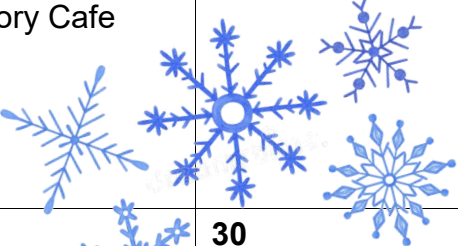



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|--|--|---|---|---|
| <p>Wellness Center Lots of Choices for Exercise! Game Night, LIB Thursdays, 6 pm 1st National Bank Fridays: 8:30—10:30 am</p> | <p>1 New Year's Day</p>  | <p>2 9:30 Coffee, Atrium N-1 10:30 Fareway Shopping 1:30 Hearing Aid Maintenance</p> | <p>3 10:00 Book Club, AL 10:30 ALDI's & Hy-Vee 5:45 Bus to WBB vs Kansas</p> | <p>4 10:00 Writers' Group 10:00 Bus to O.W.L.S. 2:30 Wellness Bingo, GR 5:00 LaVone Newell, AL</p> | <p>5 10:00 N Walmart & Fareway 10:30 Friday Chat: Shana Moothedah & cyber security</p> |  |
| <p>7</p>  | <p>8 10:00 Fareway 2:00 NC Stitchers, GR</p> | <p>9 9:30 Coffee, Atrium N-2 5:15 Bus to MBB vs Houston</p> | <p>10 10:00 BP Clinic 10:00 Book Club, LIB 10:30 ALDI's & Hy-Vee 5:45 Bus to WBB vs W. Virginia</p> | <p>11 12:00 Baked Potato Bar, GR</p> | <p>12 10:00 N Walmart & Fareway</p> | <p>13 11:15 Bus to WBB vs Baylor 4:15 Bus to MBB vs Oklahoma State</p> |
| <p>14</p> | <p>15 Martin Luther King, Jr Day No Mail Today 10:00 Fareway 6:30 Mixed Bridge, Founders'</p> | <p>16 9:30 Coffee, Atrium N-3</p> | <p>17 10:00 BP Clinic 10:30 ALDI's & Hy-Vee</p> | <p>18 10:00 Writers' Group 5:00 LaVone Newell, AL</p> | <p>19 10:00 N Walmart & Fareway 10:30 Friday Chat, Jane Esterly-Rettig, Dementia</p> | <p>20 12:15 Bus to WBB vs TCU</p> |
| <p>21 1:30 Bus to Brunnier Museum for Curator's Tour, Elizabeth Catlett exhibit</p> | <p>22 10:00 Fareway 2:45 Bus to Memory Cafe</p> | <p>23 9:30 Coffee, Atriums J 1-3</p>  | <p>24 10:00 BP Clinic 10:30 ALDI's & Hy-Vee 2:00 Horizon Club Educational Event, GR 7:15 Bus to MBB vs Kansas State</p> | <p>25</p> | <p>26 9:30 Residents' Council, GR 10:30 N Walmart & Fareway 10:45 Bus to State of Ames, City Church 3:30 Celebration of Life for Woody Woodworth , GR 6:30 Bus to ACTORS, <i>Holmes & Watson</i></p> | <p>27 11:45 Bus to MBB vs Kansas</p> |
| <p>28</p> | <p>29 10:00 Fareway</p> | <p>30 9:30 Coffee, Atriums J 1-3</p> | <p>31 10:00 BP Clinic 10:30 ALDI's & Hy-Vee 5:45 Bus to WBB vs Oklahoma State</p> |  | | |