





Sun	Mon	Tue	Wed	Thu	Fri	Sat
Game Night, Library Atrium Thursdays, 6 pm 1st National Bank Fridays: 8:30—10:30 am, Founders' Room	1 10:00 Fareway 4:00 Val Wedgeworth, flute	2 Burger Tuesday at the Crest 9:30 Coffee, Atrium N-3 12:00 HIRTA test run 1:30 Hearing Aid Maintenance	3 10:00 Book Club, AL 10:30 ALDI's & Hy-Vee 1:00 ISU Horse Barn visit 5:00 LaVone Newell, piano, AL (Changed due to holiday)	4 No Wellness Classes Administration Offices Closed  7:00 Bus to Bandshell Concert	5 10:00 N Walmart & Fareway No Friday Chat	6
7 	8 10:00 Fareway 1:00 Bus to Pizza Ranch	9 Burger Tuesday at the Crest 9:30 Coffee, Atrium J 1-3	10 10:00 BP Clinic 10:30 ALDI's & Hy-Vee 5:15 Bingo at the Crest 6:30 Northcrest Summer Dance, GR 6:45 Ames High Prairie Walk	11 6:00 Second Chair Brass, HC North Patio 7:00 Bus to Bandshell Concert	12 10:00 N Walmart & Fareway 10:30 Friday Chat: Jeff Kluever on Civil War	13
14	15 10:00 Fareway <div style="border: 1px solid black; padding: 5px; text-align: center; margin: 10px 0;"> Clear Lake/Mason City overnight trip </div> 6:30 Mixed Bridge, Founders' Room	16 Burger Tuesday at the Crest 9:30 Coffee, Atrium J 1-3	17 10:00 BP Clinic 10:30 ALDI's & Hy-Vee	18 7:00 Bus to Bandshell Concert 5:00 LaVone Newell, piano, AL	19 10:00 N Walmart & Fareway 10:30 Friday Chat with Casie of Ames History Museum	
21	22 10:00 Fareway 2:45 Bus to Memory Café, Northminster Presbyterian	23 Burger Tuesday at the Crest 9:30 Coffee, Atrium K 1-3 10:30 Bus to Tour Sigler Printing 3:00 K & L Duo, HC Dining Rm	24 9:00 Bus to Mustard Seed Farm 10:00 BP Clinic 10:30 ALDI's & Hy-Vee	25 7:00 Bus to Bandshell Concert	26 10:00 N Walmart & Fareway 10:30 Friday Chat: Travels with Bob & Lorraine Stumbo	27 
28	29 No Yoga Classes 10:00 Fareway	30 Burger Tuesday at the Crest 9:30 Coffee, Atrium K 1-3	31 10:00 BP Clinic 10:30 ALDI's & Hy-Vee 1:15 Bus to Camelot Classic Movies, Nevada	