

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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Wellness Center
Lots of choices for Exercise
Game Night, LIB
Thursdays, 6 pm
1st National



1
9:30 Coffee, Host Parkway 4
1:30 Hearing Aid Maintenance
2:15 Bus to *Ticket to Paradise*, N. Grand Cinema

6:00 Bus to Volleyball vs Chicago State

2
10:00 Book Club, AL
10:30 ALDI's & HyVee
5:15 Bus to 1619 Lecture, Stephens
6:00 Bus to Women's BB vs Winona State

3 Kiwanis Paper Drive
9:45 Bus to O.W.L.S., Iowa's Bald Eagles
10:00 Writers' Group
2:00 Games (3 to 13) in AL, 2nd Floor Activity Room

4
10:30 N WalMart
10:30 Friday Chat with Mark Schneider of IA Arboretum

6:00 Bus to Volleyball vs Kansas State

5 Home Coming!

12:30 Bus to Step Show
1:30 Bus to Football vs W. Virginia



6

7
10:00 Fareway
10:30 Bus to Women's BB vs Cleveland State

6:15 Bus to Men's Basketball vs IUPUI


5:00 New Residents Gathering, GR

8
9:30 Coffee, Atrium L-1
10:30 Bus to VOTE!! Bethesda Lutheran Church

1:30 Class on Wearing Scarves and Tying Bows, Founders' Room
6:30 DMMO Opera Guild meeting, GR

9
8:00 Bus to Rock-On Symposium, Alumni Bldg
10:00 BP Clinic
10:30 ALDI's & HyVee

10
1:00 Bus to Ames History Museum, "Ames in Art"
4:00 LaVone Newell, piano in Green Room
6:00 Bus to Women's BB vs Southern

11 Veteran's Day 
10:30 N WalMart
2:00 Veteran's Day Program GR with "Norma on Nimitz"

7:00 Bus to Band Extravaganza, Stephens
7:00 Bus to ACTORS, *First Date*

12

1:30 Bus to Volleyball vs Texas Tech

13
11:15 Bus to Men's BB vs North Carolina A&T

14
10:00 Fareway

2:00 Northcrest Stitchers, GR

15
9:30 Coffee, Atrium L-2

11:15 Lunch at ISU Tea Room



16
10:00 BP Clinic
10:30 ALDI's & HyVee
2:00 Low Vision Support Group, Bethesda Lutheran

6:15 Horizon Club Annual Dinner, Grand Room

17
10:00 Writers' Group
2:00 Games in AL
4:00 Alzheimer's Support Group, FR

18
9:30 Residents' Council
10:30 N WalMart
1:30 Friday Chat with Linda Emmerson, Grand Rm

8:30 *A Thousand Acres*, opera on PBS

19
Football vs Texas Tech
TBA

20
10:30 Bus to Women's BB vs Columbia
1:30 Bus to ACTORS, *First Date*
4:15 Bus to Men's Basketball vs Milwaukee

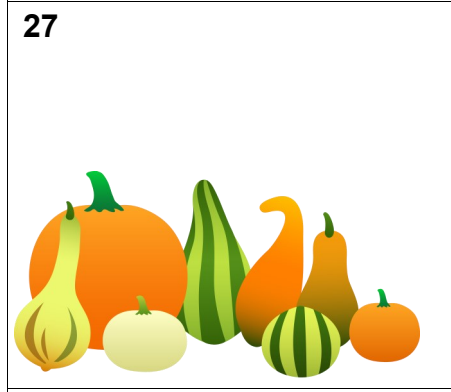
21
10:00 Fareway
6:30 Mixed Bridge

22
9:30 Coffee, Atrium S-1

23
10:00 BP Clinic
10:30 ALDI's & HyVee
Thanksgiving Buffet, GR
6:00 Bus to Volleyball vs Oklahoma



25
10:30 N WalMart



27

28
10:00 Fareway

3:00 Memory Café, Northminster

29
9:30 Coffee, Atrium S-2
6:00 Bus to Women's BB vs SIUE
7:00 Bus to Town & Gown, MET

30
10:00 BP Clinic
10:30 ALDI's & HyVee
6:15 Bus to Men's BB vs N. Dakota
7:00 Bus to *The Illusionists-Magic of the Holidays*, Stephens

